

SPRING  
2023

## High School



# This is Our Sex Talk

As a parent, you know that there is no shortage of opinions or ideas about what's right, what's wrong, and what's actually best when it comes to the topic of sex. But, what if there's more to it than we commonly think? What if sex is meant to be seen as good and powerful, because it's actually God's idea? In this four week series we'll discuss God's design for sex and then talk about the way technology, confession, and boundaries intersect with the idea of living with "sexual integrity" during your kid's high school years.

### MEMORY VERSE

"Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body."  
1 Corinthians 6:19-20, NLT

### Week One

#### Genesis 2:25

Sex is good and sex is powerful.

### Week Two

#### 1 Corinthians 6:18-20

Technology is good and technology is powerful.

### Week Three

#### Galatians 6:2, 1 John 1:5-9

Confession is good and confession is powerful.

### Week Four

#### 1 Corinthians 6:18-20, 10:13

Boundaries are good and boundaries are powerful.

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ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your teen starts their day, tell them about something kind or thoughtful that may not think you noticed—but you did.



## Their Time

When your teen wants to talk, practice listening without forming a response in your mind before they finish.



## Meal Time

At a meal this week, have everyone answer this question: “What are your thoughts about sex and sexuality in society? Parents, what is the same and what is different from when you were a teen? Teens, is there anything good about those differences?”



## Bed Time

Pray that your teen will have a healthy view of sex. Ask God to help you make talking about sex a normal part of conversation.



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