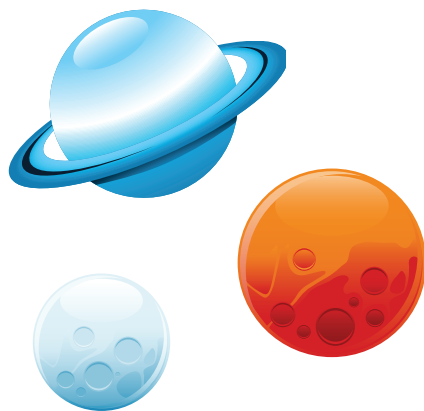


## MOPS is a place where mothers of preschoolers can come together and experience:

an authentic community  
personal growth  
practical help  
spiritual hope

Becoming a mom changes everything – your life, your relationships, your whole world. But you're not alone in this journey. Whether you need a friend to share stories with, a shoulder to lean on, or ideas to help you be a better mom – MOPS is just the place.

MOPS is a group providing support to moms with children from birth through kindergarten. These are formative years for mother and child as we lovingly nurture them and yet knowingly prepare them to take part in a much bigger world. Make yourself at home with MOPS as you experience the warmth and shared wisdom of moms with a faith-based perspective.



## Frequently Asked Questions:

### What is a cooperative?

A cooperative is a program where members participate in various ways to help keep program quality high but costs low. MOPS is entirely dependent upon volunteer efforts to plan and implement our programs. Members will be asked to bring food items to share from time to time and may be asked to volunteer in other ways, as needed.

### Can I join MOPS after the year has begun?

Yes, you can join anytime, but childcare is not guaranteed. We make every effort to accommodate every mom and her children, but once MOPPETS classes are full, you will need to find alternate childcare.

### Is Mops a big playgroup for my children?

No, MOPS is designed for moms. While you attend MOPS your children are in the care of wonderful volunteers called, MOPPETS. The small groups do plan playgroups throughout the year at other locations.



## Still have questions about MOPS?

Plan to attend our Kick-Off Event on  
Friday, August 28th • 7:00-9:00 pm

Tina McGinn - [tinamcginn@gmail.com](mailto:tinamcginn@gmail.com) or  
717-637-3731

For Mothers of Preschoolers  
MOPS Held at LifePoint Church



"Where two or three come together ...  
there I am with them." Matthew 18:20

## MOPS

Bimonthly meetings on  
Monday mornings from  
9:15 -11:00 AM

Starting September 2009  
Held at LifePoint Church

For more information contact  
Tina McGinn - 717-637-3731  
[tinamcginn@gmail.com](mailto:tinamcginn@gmail.com)

## The MOPS International theme for 2009-10 is Together on Planet Mom.

God created us for relationship! It's one of the defining parts of being human. However, when you become a mom, all your relationships change. It's like you have landed on a different planet—Planet Mom—and the relationships on Planet Mom don't look like the ones on your previous planet. Your relationship with yourself is different—you are a mom! Your relationship with your husband, girl-friends, extended family, community and God have all changed. Many of these changes are positive, some are not. Even positive change requires adjustments on your part. During the 2009-10 MOPS year, we will explore how to thrive in relationships "Together on Planet Mom."

### MOPS MEMBERSHIP INFORMATION:

Our program is a non-profit cooperative. Tuition for the 2009-2010 year is \$65. Your membership includes:

1. Membership in MOPS at LifePoint Church includes: Bi-monthly MOPS gatherings featuring engaging speakers, creative activities, crafts, lively discussions. Other activities include playdates, outings, small group get-togethers, and Moms' Night Out gatherings. We offer special opportunities for spiritual growth, outreach, and leadership development.

2. MOPS-International-Membership (we pay \$23.95 per member). As a MOPS international member you'll receive:

- MOMSense Magazine—Each bi-monthly issue is packed with practical parenting tips, uplifting stories, and inspirational ideas by and for mothers of preschoolers.
- Mom E-Mail—These weekly, short E-mails offer bursts of encouragement.

- Life on Planet Mom: A Down to Earth Guide to Your Changing Relationships 2009 Theme Book.

#### Additional Support:

Radio—Tune in to "MOMSense Radio!" This daily two-minute radio program features MOPS speakers sharing their insight & inspiration with you. It currently airs on more than 750 outlets nationwide.

Internet—Log on to [www.mops.org](http://www.mops.org) for plenty of helpful articles, mothering tips, friendly forums and special online events!

Books—MOPS produces a number of outstanding books that deal directly with your struggles and challenges!

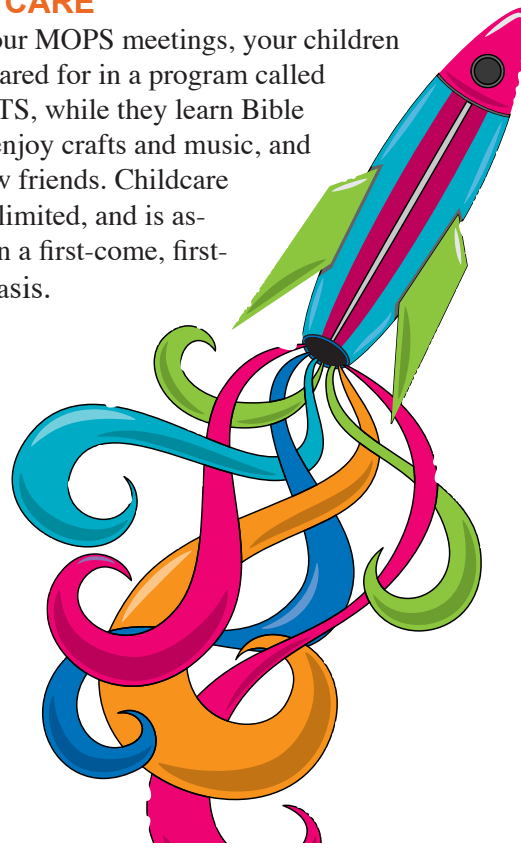
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**You are not alone in this journey. Whether you need a friend to share stories with, a shoulder to lean on, or ideas to help you be a better mom – MOPS is just the place.**

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### CHILD CARE

During our MOPS meetings, your children will be cared for in a program called MOPPETS, while they learn Bible stories, enjoy crafts and music, and meet new friends. Childcare space is limited, and is assigned on a first-come, first-served basis.



## 2009-2010 MOPS SCHEDULE

9:00 AM– Check-in for MOPPETS

9:15 AM –MOPS begins

**Blast Off to Emerald City – MOPS Kickoff**  
Friday August 28, 7-9 pm

**The Launch Pad** – Our relationship with our children

September 21 - Group discussion

October 5 – Speaker

October 19 – Craft

**Shooting for the Stars** – Our relationship with community and the world –related to service

November 2 –Group Discussion

November 16 - Speaker

November 30 – Craft

**Center of the Universe –**  
Our relationship with God

December 14 – Holiday Party

**In Orbit:** January 11 – Topic Discussions

**Men are From Mars, Women are From Venus** – Our relationship with our spouse

February 8 - Speaker

February 22 - Craft

March 8 – Group Discussion

**Gravitational Pull** – Our relationship with ourself

March 22 - Group

April 12 – Speaker

April 26 – Craft

**Coming in for a Landing**

May 10 – Last Meeting

May 24 – Playdate



